

**Healthy Kids Healthy Future Technical Assistance Program  
Physical Activity Learning Session (PALS) Project  
State Partner Agreement**

**I. OVERVIEW AND PURPOSE**

Launched August 1, 2018, the Healthy Kids Healthy Future Technical Assistance Program (HKHF TAP) is funded by the Centers for Disease Control and Prevention (CDC) and implemented by Nemours Children’s Health System (Nemours). Under HKHF TAP, Nemours and CDC will provide technical assistance (TA), tools/resources, and financial support to embed obesity prevention into state ECE systems and/or support facilities level interventions aimed at improving ECE provider practices. As part of HKHF TAP, Nemours will develop and support a training and technical assistance (TA) network for physical activity in early care and education. The purpose of this network is to build the capacity of state systems to better integrate physical activity (PA) into ECE. Additionally, this network aims to equip ECE providers and teachers with the knowledge, skills, and resources to engage and lead infants, toddlers, and preschoolers in PA. To support these efforts, Nemours will engage state health and ECE training and technical assistance staff in identifying best practices for physical activity for infants, toddlers and preschoolers.

PALS will train and coach ECE and health training and technical assistance (T/TA) staff who work directly with ECE programs (Head Start, Early Head Start, child care, family child care, prekindergarten). PALS will increase their knowledge of best practices for physical activity in children birth - five. Nemours will partner with the CDC, and Physical Activity Subject Matter Experts for product development, technical assistance and trainings.

**ROLES AND RESPONSIBILITIES**

**A. Nemours will:**

- a. Provide an in-person, customized Train the Trainer session delivered by an Infant/Toddler and/or Preschool Physical Activity Expert. This session will equity ECE and health T/TA staff to train and coach ECE providers as part of their existing responsibilities;
- b. Provide an “out-of-the-box” training package including a PowerPoint presentation with evidence-based content, speaker notes, Facilitator Guide, learning and training activities;
- c. Provide electronic and/or in-person on-going technical assistance to support project implementation;
- d. Networking opportunities with national early childhood and health state system organizations and representatives; and
- e. Access to resources and materials supporting ECE program practice and policy change

**B. State Partner will:**

- a. In partnership with state ECE and health organizations, recruit state ECE and health T/TA staff for training and project participation;
- b. Serve a liaison / point of contact for all ECE and health T/TA organizations;
- c. Coordinate an in-person training with TA network staff presented by Nemours and subject matter experts;
- d. Participate in evaluation surveys and interviews pursuant to the PALS project and state ECE system integration activities;
- e. Have the right to modify the approach and content used for presenting the Physical Activity Learning Session to ECE providers. PALS is an evidence-based, research informed “out-of-the-box” training. Should there be plans to modify the approach or content of PALS, it is strongly encouraged that modifications reflect current research and best practices.
- f. Develop an action plan to identify strategies to integrate PALS content into state ECE and health systems.