**Action Plan Worksheet**

**Start Date:** August  
**Provider Name:**  
**Goal:** Introduce and Implement Family-Style Dining by October

<table>
<thead>
<tr>
<th>Child</th>
<th>Family</th>
<th>Provider</th>
<th>Environment</th>
<th>Policies</th>
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</table>
| Practice family-style dining techniques and skills during center and free times (Ongoing beginning August)  
Encourage through activities and books that promote healthy nutrition and family-style dining in the home to continue practicing techniques in preparation for family-style dining (Ongoing beginning September)  
Encourage through play in developing conversations and language skills, social/emotional skills, and fine/gross motor skills (Ongoing beginning September)  
Practice set-up/clearing the tables and serve food and beverages at meal times (Ongoing beginning September)  
Implement family-style dining fully with children (Ongoing beginning October) | Host a family meeting to introduce the benefits of family-style dining (September)  
Include family-style dining information and benefits in the programs monthly newsletter (Ongoing)  
Encourage parents to practice family-style dining at home with children (Ongoing beginning September) | Learn about family-style dining and review resources to prepare for family-style dining (Ongoing beginning August) | Add pictures to the bulletin board of children in various stages of pretend play and real play practicing family-style dining techniques (Ongoing beginning August)  
Post information and tips on family-style dining on the bulletin board (Ongoing beginning August)  
Purchase family-style dining materials, books, and resources for the home (September)  
Fully implement family-style dining in the home (Ongoing beginning October) | Research policies on family-style dining (August)  
Prepare for parent meeting to introduce family-style dining into the program (August)  
Develop written policy on family-style dining to be included in program policies and family handbook (October) |