Success in the Food Program

LIST 3 CHANGES TO THE FOOD PROGRAM

1. ________________________________________________________________
2. ________________________________________________________________
3. ________________________________________________________________

IDENTIFYING REIMBURSABLE FOODS

Using the Ingredients List to the top right, Ritz Whole Wheat Crackers are (circle one):
A. Reimbursable AND whole grain rich
B. Reimbursable
C. Not reimbursable

Use the Nutrition Facts Label to the middle right. Lucerne Low Fat Strawberry Yogurt meets the yogurt sugar limits.
☐ TRUE
☐ FALSE

Use the Nutrition Facts Label to the bottom right. Honey Nut Cheerios meet the sugar limit for cereal.
☐ TRUE
☐ FALSE

REMINDEERS
• You can use the handouts you received.
• Take all the time you need.
• Your results don’t affect your participation!

We are the village that will raise healthy children.
YMCA CHILDCARE RESOURCE SERVICE

WORKSHOP SURVEY

**Directions:** Please take a moment to provide feedback on the workshop that you received. When the survey is completed, leave it with your trainer.

**Name of Location:** Bonita-Sunnyside Library  
**Date:** 07/08/17

Please indicate to what extent you agree with the following statements.

<table>
<thead>
<tr>
<th>Statement</th>
<th>YES!</th>
<th>Yes</th>
<th>Neutral</th>
<th>No</th>
<th>NO!</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. The workshop increased my knowledge of the changes in the Food Program (CACFP).</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. I feel confident I can implement the changes in the Food Program.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. I recommend that other providers attend this workshop.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

5. The best features of this training were...

6. My suggestions for improvements are...

Thank you!